

Lorraine Bossé-Smith

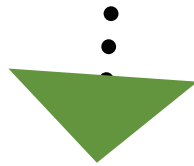
WHEN LIFE KNOCKS YOU DOWN
FIGHT BACK!

Lorraine's life can be best described as a journey, one filled with lots of pain and obstacles. Although she may not understand why some things happened, one thing is crystal clear to her: her pain had a purpose. Lorraine shares from her heart a message that reminds us all how God uses *all* situations—even the bad ones—for our ultimate good.

*"What we tolerate is what we get.
We train people on how to treat us."*

Lorraine Bossé-Smith

THREE TAKE AWAY BENEFITS



Participants will:

- Hear how true courage only comes through suffering.
- Appreciate stories where defeats were turned into triumphs!
- Be reminded how they can turn a crisis into a creative opportunity.



3120 West Carefree Highway
Suite #1-617
Phoenix, AZ 85086

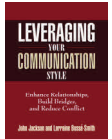
(623) 582-1578
www.lorrainebosse-smith.com



AUTHOR OF

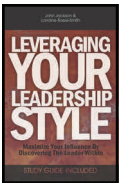
Leveraging Your Communication Style

Open the doorway to better communication with this informative book on the different communication styles. Learn how to avoid conflict, build stronger relationships and create better teams.



Leveraging Your Leadership Style

Discover your unique leadership style and how to motivate and inspire others based upon their unique leadership style. Includes a study guide!

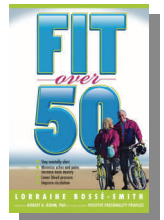


Check out more of
Lorraine's books and fitness DVD's at:

www.lorrainebosse-smith.com

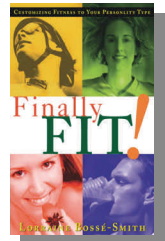
Fit Over 50

Make your next chapter of life your BEST by understanding the aging process and how you can maximize control over 70%! In order to have a healthy tomorrow, start by getting fit today with this encouraging and helpful book.



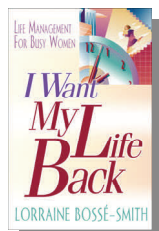
Finally FIT!

This is not a one-size fits all approach to fitness. Readers will discover their unique FIT (fitness individuality trait) and develop a customized program specifically for them. Set up for success, for the first time, readers will become Finally FIT!



I Want My Life Back!

Achieve balance in a fast-paced world; Reduce your overall stress levels; Put enjoyment back in your life and enjoy greater physical, mental, spiritual well-being.





Follow Lorraine:

www.linkedin.com/pub/lorraine-bosse-smith/

<http://www.youtube.com/user/TheTotalYou1>

<https://www.facebook.com/pages/Lorraine-Bossé-Smith>

@Lorrainebosse
#FITLeader

Lorraine has spoken to small and large groups alike. Some of her satisfied clients include:

- Camp Pendleton Marine Base—CA
- McCrometer, Inc.—CA
- Alliance Med—AZ
- Telgian Corp—AZ
- OK Music Teacher's Assoc. Conference
- Discover Financial Services—AZ
- Hach Company—CO
- ATD CA & CO
- Women in Financial Services Conference—IL
- Meeting Professionals International—NC
- SHRM AZ, CA, CO, TX

To join this list, please call Lorraine today! Ask how you can obtain a discount on her speaking fees.

Books available at bulk discount for resale.

ADDITIONAL INFO

- Author of Eight Published Books
- Certified Professional Behavioral Analyst
- Certified Professional Motivators Analyst
- Professional Member of the National Speaker's Association
- AFAA Certified Fitness Professional
- Certified Advanced Personal Trainer
- Graduate of Coaching Inc.
- AS Degree & BS Degree

A few of Lorraine's references:

- Dr. John Jackson—
President of William Jessup University:
jjackson@jessup.edu or
(916) 577-2200
- Mr. Dan Kuntz—Clear Channel Communications:
DanKuntz@clearchannel.com or (970) 461-2609
- Ms. Cassie Papandrea—
Women in Financial & Insurance Services (WIFS):
office@wifsnational.org
or 1-866-264-9437

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