

Lorraine Bossé-Smith

FIT TO LEAD CREATING A WINNING CULTURE

In order to successfully lead, you must be FIT: have a Foundation in human behavior, Insights into leadership, and Training on how to professionally succeed without sacrificing your health. This program celebrates the different leadership styles, shares how to influence and connect with others, and inspires work/life balance.

Lorraine combines her extensive leadership experience with her wellness background to offer a dynamic, engaging, and powerful presentation that leaves audiences uplifted, encouraged, and equipped to lead and succeed!

“When I can improve the quality of one person’s life, they, in turn, are a more productive and contributing member to their team, which helps their business be more profitable. Everyone wins!”

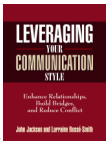
Lorraine Bossé-Smith



AUTHOR OF

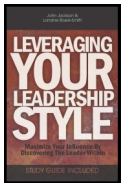
Leveraging Your Communication Style

Open the doorway to better communication with this informative book on the different communication styles. Learn how to avoid conflict, build stronger relationships and create better teams.



Leveraging Your Leadership Style

Discover your unique leadership style and how to motivate and inspire others based upon their unique leadership style. Includes a study guide!

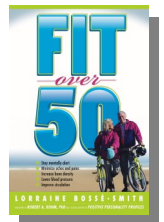


Check out more of Lorraine’s books and fitness DVD’s at:

www.lorrainebosse-smith.com

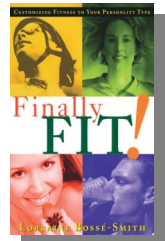
Fit Over 50

Make your next chapter of life your BEST by understanding the aging process and how you can maximize control over 70%! In order to have a healthy tomorrow, start by getting fit today with this encouraging and helpful book.



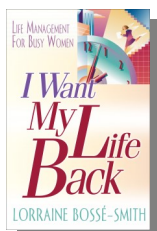
Finally FIT!

This is not a one-size fits all approach to fitness. Readers will discover their unique FIT (fitness individuality trait) and develop a customized program specifically for them. Set up for success, for the first time, readers will become Finally FIT!

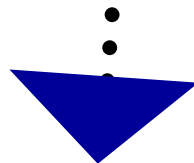


I Want My Life Back!

Achieve balance in a fast-paced world; Reduce your overall stress levels; Put enjoyment back in your life and enjoy greater physical, mental, spiritual well-being.



THREE TAKE AWAY BENEFITS



Participants will:

- Discover their unique leadership style.
- Appreciate the value of identifying other’s style and adapting their approach.
- Learn how to improve their mental, emotional, physical, and spiritual health.



3120 West Carefree Highway
Suite #1-617
Phoenix, AZ 85086

(623) 582-1578
www.lorrainebosse-smith.com



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@Lorrainebosse
#FITLeader

Lorraine has spoken to small and large groups alike. Some of her satisfied clients include:

- Camp Pendleton Marine Base—CA
- McCrometer, Inc.—CA
- Alliance Med—AZ
- Telgian Corp—AZ
- OK Music Teacher's Assoc. Conference
- Discover Financial Services—AZ
- Hach Company—CO
- ATD CA & CO
- Women in Financial Services Conference—IL
- Meeting Professionals International—NC
- SHRM AZ, CA, CO, TX

To join this list, please call Lorraine today! Ask how you can obtain a discount on her speaking fees.

Books available at bulk discount for resale.

ADDITIONAL INFO

- Author of Eight Published Books
- Certified Professional Behavioral Analyst
- Certified Professional Motivators Analyst
- Professional Member of the National Speaker's Association
- AFAA Certified Fitness Professional
- Certified Advanced Personal Trainer
- Graduate of Coaching Inc.
- AS Degree & BS Degree

A few of Lorraine's references:

- Dr. John Jackson—
President of William
Jessup University:
jjackson@jessup.edu or
(916) 577-2200
- Mr. Dan Kuntz—Clear
Channel Communica-
tions:
DanKuntz@clearchann
el.com or (970) 461-
2609
- Ms. Cassie Papadrea—
Women in Financial &
Insurance Services
(WIFS):
office@wifsnational.org
or 1-866-264-9437

Lorraine Bossé-Smith