

# Lorraine Bossé-Smith

REACH THE GOAL IN RECORD TIME!  
GET WHAT YOU WANT

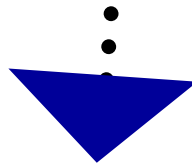
Are you tired of not getting what you want or getting where you want to go? Turn the corner with this upbeat, hands-on program that will give your stagnant aspirations wings to fly!

This program helps participants move beyond setting goals to achieving them with exclusive tools and techniques designed for busy people who want to succeed.

*“Are you just goal setting or are you goal getting?”*  
Lorraine Bossé-Smith

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## THREE TAKE AWAY BENEFITS



Participants will:

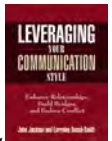
- Learn the power of setting SMART goals.
- Discover Lorraine’s exclusive IPPA and RTP models for unlocking your full potential.
- Move from underperforming to full engaged, contributing, and reaching goals!



## AUTHOR OF

### *Leveraging Your Communication Style*

Open the doorway to better communication with this informative book on the different communication styles. Learn how to avoid conflict, build stronger relationships and create better teams.



### *Leveraging Your Leadership Style*

Discover your unique leadership style and how to motivate and inspire others based upon their unique leadership style. Includes a study guide!

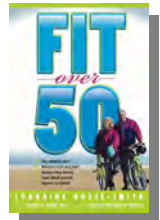


*Check out more of Lorraine’s books and fitness DVD’s at:*

[www.lorrainebosse-smith.com](http://www.lorrainebosse-smith.com)

### *Fit Over 50*

Make your next chapter of life your BEST by understanding the aging process and how you can maximize control over 70%! In order to have a healthy tomorrow, start by getting fit today with this encouraging and helpful book.



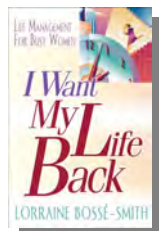
### *Finally FIT!*

This is not a one-size fits all approach to fitness. Readers will discover their unique FIT (fitness individuality trait) and develop a customized program specifically for them. Set up for success, for the first time, readers will become Finally FIT!



### *I Want My Life Back!*

Achieve balance in a fast-paced world; Reduce your overall stress levels; Put enjoyment back in your life and enjoy greater physical, mental, spiritual well-being.



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<http://www.youtube.com/user/TheTotalYou1>

<https://www.facebook.com/pages/Lorraine-Bossé-Smith>

@Lorrainebosse  
#FITLeader

Lorraine has spoken to small and large groups alike. Some of her satisfied clients include:

- Camp Pendleton Marine Base—CA
- McCrometer, Inc.—CA
- Alliance Med—AZ
- Telgian Corp—AZ
- OK Music Teacher's Assoc. Conference
- Discover Financial Services—AZ
- Hach Company—CO
- ATD CA & CO
- Women in Financial Services Conference—IL
- Meeting Professionals International—NC
- SHRM AZ, CA, CO, TX

To join this list, please call Lorraine today! Ask how you can obtain a discount on her speaking fees.

Books available at bulk discount for resale.

## ADDITIONAL INFO

- Author of Eight Published Books
- Certified Professional Behavioral Analyst
- Certified Professional Motivators Analyst
- Professional Member of the National Speaker's Association
- AFAA Certified Fitness Professional
- Certified Advanced Personal Trainer
- Graduate of Coaching Inc.
- AS Degree & BS Degree

### A few of Lorraine's references:

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