

Lorraine Bossé-Smith

DEFY YOUR DIAGNOSIS OVERCOME ADVERSITY & LIVE YOUR BEST LIFE

Lorraine knows firsthand how a medical diagnosis for an incurable disease can test your faith. Perhaps you are fortunate enough not to have been diagnosed with an incurable disease—consider yourself blessed! We all have ideas, thoughts, beliefs, and attitudes that we accept that just aren't true, and they limit us. These negative attitudes, fears, and false beliefs are all barriers preventing you from moving forward to reaching your full potential.

Through her own trials, Lorraine has developed principles designed to help others overcome their obstacles and defy **their** diagnosis, whether medical, mental, professional, or relational.

"Time to Defy YOUR diagnosis!"
Lorraine Bossé-Smith

THREE TAKE AWAY BENEFITS



Participants will:

- Understand and define their own mental, emotional, physical, or behavioral misdiagnosis.
- Learn how to identify their true intentions and uncover underlying beliefs and motivations.
- Discover ways to defy their diagnosis and accelerate their actions toward conquering and achieving success!



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AUTHOR OF

Leveraging Your Communication Style

Open the doorway to better communication with this informative book on the different communication styles. Learn how to avoid conflict, build stronger relationships and create better teams.



Leveraging Your Leadership Style

Discover your unique leadership style and how to motivate and inspire others based upon their unique leadership style. Includes a study guide!



Check out more of Lorraine's books and fitness DVD's at:

www.lorrainebosse-smith.com

Fit Over 50

Make your next chapter of life your BEST by understanding the aging process and how you can maximize control over 70%! In order to have a healthy tomorrow, start by getting fit today with this encouraging and helpful book.



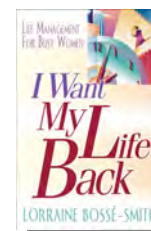
Finally FIT!

This is not a one-size fits all approach to fitness. Readers will discover their unique FIT (fitness individuality trait) and develop a customized program specifically for them. Set up for success, for the first time, readers will become Finally FIT!



I Want My Life Back!

Achieve balance in a fast-paced world; Reduce your overall stress levels; Put enjoyment back in your life and enjoy greater physical, mental, spiritual well-being.





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Lorraine has spoken to small and large groups alike. Some of her satisfied clients include:

- Camp Pendleton Marine Base—CA
- McCrometer, Inc.—CA
- Alliance Med—AZ
- Telgian Corp—AZ
- OK Music Teacher's Assoc. Conference
- Discover Financial Services—AZ
- Hach Company—CO
- ATD CA & CO
- Women in Financial Services Conference—IL
- Meeting Professionals International—NC
- SHRM AZ, CA, CO, TX

To join this list, please call Lorraine today! Ask how you can obtain a discount on her speaking fees.

Books available at bulk discount for resale.

ADDITIONAL INFO

- Author of Nine Published Books
- Certified Professional Behavioral Analyst
- Certified Professional Motivators Analyst
- Professional Speaker w/ National Speaker's Association
- AFAA Certified Fitness Professional
- Certified Advanced Personal Trainer
- Graduate of Coaching Inc.
- AS Degree & BS Degree

Stay in touch with

Lorraine by signing up for
her FREE newsletter:

[www.lorrainebosse-
smith.com](http://www.lorrainebosse-smith.com)

It's a double-opt in so please
accept the Email request to
join.

Lorraine never sells her list!

Her passion: to improve the
quality of *your* life!

Lorraine Bossé-Smith