

Lorraine Bossé-Smith

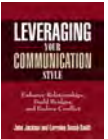
THE POWER OF ONE
CHANGING THE WORLD
ONE PERSON AT A TIME



AUTHOR OF

Leveraging Your Communication Style

Open the doorway to better communication with this informative book on the different communication styles. Learn how to avoid conflict, build stronger relationships and create better teams.



Leveraging Your Leadership Style

Discover your unique leadership style and how to motivate and inspire others based upon their unique leadership style. Includes a study guide!

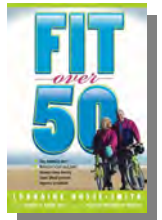


Check out more of Lorraine's books and fitness DVD's at:

www.lorrainebosse-smith.com

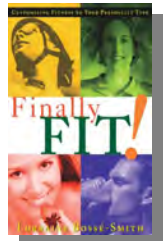
Fit Over 50

Make your next chapter of life your BEST by understanding the aging process and how you can maximize control over 70%! In order to have a healthy tomorrow, start by getting fit today with this encouraging and helpful book.



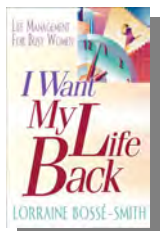
Finally FIT!

This is not a one-size fits all approach to fitness. Readers will discover their unique FIT (fitness individuality trait) and develop a customized program specifically for them. Set up for success, for the first time, readers will become Finally FIT!



I Want My Life Back!

Achieve balance in a fast-paced world; Reduce your overall stress levels; Put enjoyment back in your life and enjoy greater physical, mental, spiritual well-being.



We are just “one,” but Lorraine Bossé-Smith reminds us with her story how one decision, one thing, and one person can make a big difference!

For anyone weary on the road less traveled, you will be inspired and encouraged to keep on keeping on because YOU are making a difference to someone!

*“Often times, I think we let our circumstances dictate our future, or we get overwhelmed by the sheer weight of it all. When a horrible life event hits, we forget to **recover** our life and get stuck in recovery!”*

Lorraine Bossé-Smith

THREE TAKE AWAY BENEFITS



Participants will:

- Understand the power and positive impact that one small deed or kind word can make.
- Be uplifted and inspired to give more to others, knowing they will receive a bounty.
- Realize through stories how we all need support and help once in a while.



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@Lorrainebosse



Lorraine has spoken to small and large groups alike. Some of her satisfied clients include:

- Camp Pendleton Marine Base—CA
- McCrometer, Inc.—CA
- Alliance Med—AZ
- Telgian Corp—AZ
- OK Music Teacher's Assoc. Conference
- Discover Financial Services—AZ
- Hach Company—CO
- ATD CA & CO
- Women in Financial Services Conference—IL
- Meeting Professionals International—NC
- SHRM AZ, CA, CO, TX

To join this list, please call Lorraine today! Ask how you can obtain a discount on her speaking fees.

Books available at bulk discount for resale.

Stay in touch with

Lorraine by signing up for
her FREE newsletter:

www.lorrainebosse-smith.com

It's a double-opt in so please
accept the Email request to
join.

Lorraine never sells her list!

Her passion: to improve the
quality of *your* life!

ADDITIONAL INFO

- Author of Nine Published Books
- Certified Professional Behavioral Analyst
- Certified Professional Motivators Analyst
- Professional Speaker w/ National Speaker's Association
- AFAA Certified Fitness Professional
- Certified Advanced Personal Trainer
- Graduate of Coaching Inc.
- AS Degree & BS Degree

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